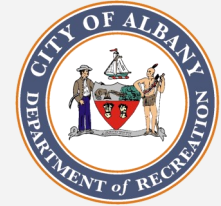


The DoR



The Department of Recreation Newsletter

Summer 2018 Issue

Summertime in Albany!

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This summer we will be hosting several **Camps** and a variety of summer **Programs** available for free to all City of Albany residents. We are bringing back **Adventure Camp, Baseball Camp, Basketball Camp, Lacrosse Camp, Soccer Camp, Softball Camp**, and introducing **Albany Fit Camp, Classic Summer Fun, Endurance Camp, Skateboarding Camp** and **Volleyball Across the City**.

We will also be offering **Learn to Swim** at the Lincoln Park Pool, **Running Club** at Lincoln Park Bowl, **Female Empowerment Program** at the Lincoln Park Fitness Center, **Senior Fitness** at St. Sophia Greek Orthodox Church, **Stories and Art in the Park** at Washington Park, and the **5th Annual Allympics** on Saturday, August 18th at the Christian Plumeri Sports Complex.

The Department of Recreation will also be partnering again with the Albany Housing Authority for the **2018 Summer Food Service Program**. This program offers free breakfast and lunch for those under the age of 18 at the Hoffman Community Center.

For more information or to register for a camp or program, visit: albanyny.recdesk.com.



Contact Us:

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Spotlight: Jah Yae Brown Wins the Upstate New York Golden Gloves

Jah Yae Brown was victorious at the Upstate New York Golden Gloves Tournament held at the Buffalo Riverworks in Buffalo, New York on Sunday, April 8th, 2018.

He was declared the winner by decision in the 152 lbs. Open Division. The 18 year old has been training at the Quail Street Boxing Gym for close to 3 years with our Boxing Hall of Famer, Tony Marshall. He will now proceed to the National Golden Gloves Tournament taking place in May at the Ralston Arena in Ralston, Nebraska.



If you would like to find out more or if you have any questions about training at the Quail Street Boxing Gym, please call: **(518) 434-2480**.

SUMMER CAMPS

Are you into sports, adventure, and community involvement? Does participating in fun and richly rewarding programs with other residents from the city of Albany sound interesting to you? If so, register now for one of our many summer camps or programs. We offer a wide array of exciting options that are free to residents of the city of Albany.

To register visit albanyny.recdesk.com and create a membership. If you do not have access to the internet, call (518) 434-5699 to schedule an appointment to use our **RecDesk Kiosk**.

Adventure Camp

Takes participants on interesting and educational field trips 2-3 days per week. They will travel to and experience local trails, sites, and museums that highlight science and technology.



Date: 7/9—7/27

Time: 9:00AM—1:00PM

Location: Hoffman Recreation Center

Grade Level: 3rd—12th

Baseball Camp

Our experienced staff will teach the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment.



Date: 7/16—7/27

Time: 9:00AM—1:00PM

Location: The Christian Plumeri

Sports Complex

Grade Level: 3rd—12th

Basketball Camp

Will use one-on-one and group teams to teach the fundamentals of basketball. It will be led by experienced staff who will teach dribbling, passing, shooting, and teamwork.



Date: 7/9—8/10

Time: 9:00AM—1:00PM

Location: Hoffman Recreation Center

Grade Level: K—12th

Softball Camp

This camp will focus on the fundamentals of the sport needed to become a better softball player and a great teammate.



Date: 6/25-6/29

Time: 9:00AM—1:00PM

Location: The Christian Plumeri

Sports Complex

Grade Level: 3rd—12th

Lacrosse Camp

Lacrosse is a popular, fun, and exciting sport that helps develop agility, speed, and strength. This camp will be led by experienced instructors who will teach participants how to become better lacrosse players.



Date: 7/30—8/17

Time: 9:00AM—1:00PM

Location: The Christian Plumeri

Sports Complex

Grade Level: 3rd—12th

Soccer Camp

Soccer is an exciting and active sport that improves agility and cardiovascular strength. This camp will focus on its fundamentals: passing, shooting, dribbling, and teamwork.



Date: 7/30—8/17

Time: 9:00AM—1:00PM

Location: The Christian Plumeri

Sports Complex

Grade Level: 3rd—12th

Register at: albanyny.recdesk.com

SUMMER CAMPS

Skateboarding Camp

Participants will learn skateboarding basics, tricks, and skills at Albany's Skate Park located in Washington Park.



Date: 7/30-8/3 & 8/13—8/17
Time: 5:00PM—7:00PM
Location: Washington Park Skate Park
Grade Level: 3rd-12th

Classic Summer Fun

Classic Summer Fun will take place at six different parks at different times throughout the summer. Each park will have a series of activity stations that will be available to anyone. These stations will feature games like whiffle ball, jump rope, and board games. It's perfect for families looking to spend the day at the local neighborhood park.



- ◆ **Lounello Park** **6/25—7/6**
- ◆ **Madison Ave Park** **7/9—7/20**
- ◆ **Arbor Hill Park** **7/9—8/10**
- ◆ **Livingston Park** **7/23—8/3**
- ◆ **Krank Park** **8/6—8/17**
- ◆ **Colby Park** **8/20—8/31**

Albany Fit Camp

We are starting Albany Fit Camp in partnership with Josh Howard. A fun and exciting high intensity, cardiovascular workout that will burn calories and build strength.



Dates & Times: 4/7—8/4
Tuesday & Thursday at 6:30 PM
and every 1st and 3rd Saturday of every month at 10:00 AM

Volleyball Across the City

Available to adults of all skill levels. It will take place from 6:30PM to 8:30PM at four parks over four weeks. Six teams of five players per team are allowed per park. Each week will act as a round in a month long knockout style tournament where the winning team at the first park will play the winning team of the second park at the end of the second week and so on, until the final match-up, whose winner becomes the tournament champion.



- ◆ **Rosemont Park** **7/9—7/13**
- ◆ **Tivoli Lake Preserve** **7/16—7/20**
- ◆ **Beverwyck Park** **7/23—7/27**
- ◆ **Lincoln Park** **7/30—8/3**

Endurance Camp

Will use Boxing, Rowing, and Rugby to increase the cardiovascular strength and conditioning of participants each week.



Date: 6/25—7/13
Time: 9:00AM—1:00PM
Location: Hoffman Recreation Center
Grade Level: 7th—12th

Running Club at Lower Lincoln Park

In partnership with ARE Event Productions, the Lincoln Park Summer Running Program is back! It will begin meeting in early July and run through August.



Lincoln Park
Hours of Operation:
Every Monday from 6:15—7:15 PM

Register at: albany.ny.recdesk.com

SUMMER PROGRAMS

Roller Skating at the Swinburne Park Skating Rink

Roller skating is back at Swinburne this summer! The skating rink will be open for roller skating from Memorial Day until Labor Day.

Our Skating Rink provides an all weather protected skating rink for city residents near Bleecker Stadium. The rink is available to rent out for private parties all year round, and free parking is available.

If you are a frequent skater, you may be interested in our season passes. Purchasing one is a great way to save money for the individual or family that loves to skate. For more information and rates call: (518) 434-5699.



Hours of Operation:
Monday-Friday:
 3:00pm-9:00pm
Saturday & Sunday:
 1:00pm - 5:00pm
 7:00pm - 9:00pm

Admission and Rates:
Under 18 - \$0.50
18 and over - \$1.00
Senior Citizens: \$0.25
Skate Rental - \$3.00

Reserve the Swinburne Skating Rink for your Event!

If you have an event or party coming up, why not host it at the Swinburne Roller Skating Rink? We can host up to 80 people, it is all-weather protected, and has convenient parking at Bleecker Stadium. There is an excellent speaker system that you can easily connect to with a smart phone or mp3 player (No explicit or inappropriate content is permitted).

It is available for rental from 5:00pm to 7:00pm on Tuesday, Thursday, and Friday. Call (518) 434-5699 for reservations now!

Learn to Swim at Lincoln Park Pool

The free Learn to Swim program is open to Albany residents aged 5-16. If you are over the age of 16 and would like to learn how to swim, contact (518) 434-5699 for more information.



Location: Lincoln Park Pool
Dates: July 9th-13th & July 16th-20th
Time: 10:00am-12:00pm

Stories and Art in the Park

The Department of Recreation is partnering with WMHT, Albany Public Library and Albany Barn for a ten-week series of story times and art activities in Washington Park. APL librarians will read stories and sing songs, followed by fun arts-and-crafts activities provided by WMHT and the Albany Barn.



Washington Park
Every Monday
Beginning July 9th for 10 weeks
10:30am—11:30am

Female Empowerment Course

This course features cardio boxing and general fitness lessons for all women in the City of Albany. The class is led by coach Jerrick Jones who has been a Boxing instructor for over 20 years. It is a fun, high intensity work out that will leave you feeling empowered.



Location: Lincoln Park Fitness Center
Hours: Tuesday & Thursday
6:30 pm– 7:30 pm

Senior Fitness at St. Sophia Greek Orthodox Church

This popular program provides an excellent opportunity for residents 55 years and older to improve their cardiovascular capacity and muscular endurance.



St. Sophia Greek Orthodox Church
Monday, Wednesday, and Friday:
11:00 am- 12:00 pm

Register at: albany.ny.recdesk.com

SUMMER POOLS & SPRAY PADS

ALL POOLS AND SPRAY PADS WILL OPEN JUNE 23rd!



The Department of Recreation operates three public pools over the summer from June 23rd to September 3rd. All pools are guarded by our team of certified lifeguards. This summer the Lincoln Park Pool, the Mater Christi Pool, and the Arbor Hill Community Center Pool will all be open.

All Spray Pads Open from 10:00am - 6:00pm

Location & Hours

Lower Lincoln Park Pool
701 Lincoln Park Rd.

Hours of Operation:

Open Swim:
Noon - 4:15 p.m.
Family Swim
5 - 7 p.m.

Mater Christi Pool
New Scotland Avenue -
Across from Holy Names
Campus

General Public Hours:
11 a.m. to 7 p.m.
Pool Closed: 4:15 p.m to
5:00 p.m

Arbor Hill Community
Center Pool

50 Lark St.
Open Swim:
Monday—Friday
3:00 PM—6:00 PM

Ridgefield Park

316 Partridge Street

Rosemont Park

92 Rosemont St.

Sheridan and Dove Spray
Pad

Sheridan Avenue and
Dove Street

Swinburne Spray Pad

Clinton Avenue and Man-
ning Boulevard

Westland Hills Pad

Colvin Avenue - at Central
and Lincoln

Colonie Street Park

Green area on bend near Liv-
ingston Ave

Hackett Park

North First Street

Krank Park Spray Pad

65 First Avenue

Livingston Park

484 Livingston Avenue

North Swan Street Park

Upper Lincoln Spray Pad

Morton and Delaware Avenue

For further information call the Department of Recreation at (518) 434-5699

or the Swim Albany Hotline at (518) 472-1200

EVENTS

Recent Events

Healthy Aging Fair

We hosted our 3rd Annual Healthy Aging Fair at St Sophia Greek Orthodox Church on Wednesday, April 11th, 2018. Health and wellness leaders were on hand conducting demonstrations, health screenings, and providing information about the benefits of their specific programs. We would like to thank all of the vendors, speakers, and organizations that participated and donated raffles, food and beverages.



Rumble in the City

On March 3rd we hosted the Rumble in the City Boxing event at the Quail St. Boxing Gym. It was an exciting event that featured 14 bouts from a wide range of different age groups and weight classes. Over a dozen gyms from across New York State were represented, including: Hudson, Newburgh, Plattsburgh, Amsterdam, Troy, and Albany.



Upcoming Events

The 5th Annual Allympics

We are proud to announce the City of Albany's 5th Annual Allympics. The Allympics is a fun and friendly Olympic-style event that features a variety of games in which all Albany residents can compete. It serves as the culminating event of all the programs we offer throughout the summer.

You do not have to be a super athlete to compete in the Allympics, the games are open to people of all ages and levels of fitness.

This year the Allympics will take place at the Christian Plumeri Sports Complex. There will be a wide range of athletic events, food, music, and other family friendly activities.

If you are interested in volunteering, tabling, or showcasing your talents at the upcoming Allympics, please call us at **(518) 434-5699**.

Date :
Saturday,
August 18th 2018

Location:
Christian Plumeri
Sports Complex



For more information or to volunteer at an upcoming event, please call:

(518) 434-5699

NEW PLAYGROUNDS IN 2018

As part of our ongoing city-wide Playground Modernization Program, five playgrounds are scheduled for renovations this spring and summer: Hoffman Park, Mt. Hope Park, Orange Street Park, Sheridan Park, and Van Rensselaer Park.

The focus of the Playground Modernization Program is to provide more accessible and safer playgrounds to the residents of Albany. The brand new playground equipment will meet ADA safety requirements and be suitable for children of all ages and some playgrounds will feature exercise stations suitable for adults.

Take a look at here to get a better idea of what to expect this summer.



Hoffman Park



Sheridan Park



Orange Street Park



Van Rensselaer Park



Mt. Hope Park

SEASONAL EMPLOYMENT OPPORTUNITIES

Apply to be a Lifeguard or a Seasonal Employee Today!

Do you know someone that would make an exceptional Lifeguard, Spray Pad Attendant, Urban Park Ranger, or Maintenance Employee? If so, let them know that we are currently in the process of staffing those positions. We are looking for mature and dependable go-getters who are available to work at our pools, spray pads, and parks around the city.

Call **(518) 434-5699** for more information or stop by our office located at **7 Hoffman Ave. Albany, NY 12209** to pick up an application.



Advertise in the Swinburne Park Skating Rink!

The Department of Recreation is offering a new and unique advertising opportunity for your business that demonstrates your support for Albany's year-round recreational skating facility. You can purchase advertising space on our dasher boards in the skating rink which will give your business exposure to Swinburne's thousands of participants, their families and visitors.

Call (518) 434-5699 for more information.

We have four options for dasher sponsorship this year:

- 2.5' x 12' dasher for 12 months - \$600
- 2.5' x 6' dasher for 12 months - \$400
- 2.5' x 12' dasher for 6 months - \$300
- 2.5' x 6' dasher for 6 months- \$225

Sing up for the Lifeguard Certification Course!

If you are interested in becoming a Lifeguard this summer but are not certified, you can take the Lifeguard certification course offered by the Department of Recreation!

Dates & Times

May 18th—3PM to 8PM
and May 19th to May 20th—9AM to 5PM

Location

Myers Middle School Pool*

For more information or to sign-up for the course, please contact the Department of Recreation at **(518) 434-5699** or email us at recreation@albanyny.gov.

Pay rate is \$10.50/hr for new lifeguards, \$11.00 for returning lifeguards, and \$11.50/hr for lifeguard supervisors. Guaranteed 40 hours per week.

*This is not a school sponsored event. The City School District of Albany is not responsible or liable for any problems or damages arising from participation in this activity.



Like us on Facebook and Instagram!

If you want to stay updated on all the Department of Recreation News, like us on Facebook and follow us on Instagram. It is a great way to find out about all the events, camps, clinics, and programs that we hold throughout the year.

You can find us on Facebook easily by searching:

[@albanydepartmentofrecreation](#)

And on Instagram by searching:

[@recreationatalbany](#)